

Welcome to: SAFE Inc.

“SUPPORT A FUTURE ENDEAVOR”



“The New Crusaders taking back our cities”



Stop the Bleeding Training

- Introduction of SAFE
- Testimony as to why we are doing this
- Ron Speaks about mindset



Short Video of Stop the Bleed

- For 10-15 minute show video demonstrating and explaining why safety is the first step for a first responder.
- PPE (put on gloves), apply direct pressure, followed by indirect pressure
- Tourniquet application,
- Gauze application, pressure bandage
- Improvise chest seal
- Position of rest.
- Re-visit all that is has been done to make sure you did not miss anything

Safety (Don't Get Dead)

- Have situational awareness of your work space, home.
- Scene safety is crucial to prevent you from becoming a casualty.
- Pick safest place to drag victim to cover. Danger still be present.
- Communicate with victim (establishing airway) and ask if it is safe to approach.

Primary Survey

While putting your gloves on,
ask someone to call 911.

Quickly scan over the victims
body identifying any major
bleed/s. Immediately stop the
bleeding.

After stopping the major
bleed/s, conduct a head to toe
assessment of the victim's body
identifying other major and
minor bleeders. Stop these
bleeds as well using direct
pressure or tourniquet.

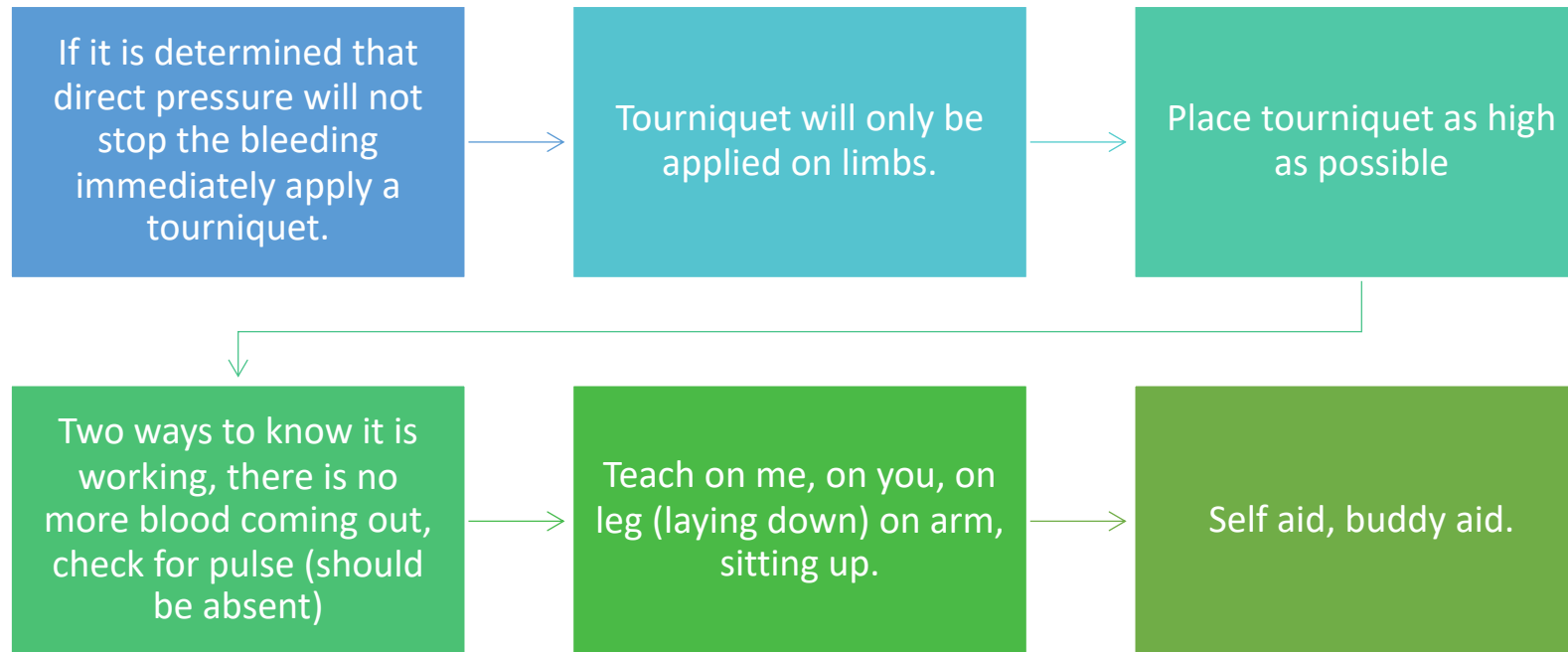
Direct/Indirect Pressure

Massive hemorrhage should always be prioritized. Start with the lower legs (femoral artery) and move up to upper limbs.

Start with direct pressure on the wound, if necessary digital pressure in the wound.

If not available or you do not have help, go straight for the junctional area for example: inguinal for leg bleeding, armpit for arm bleeding

Tourniquet Application



Gauze Application

- Gauze can be used as a bandage or can be used in conjunction with direct pressure bandages.
- Digital pressure inside the wound, if injury below the heart, point digital pressure towards the heart.
- Once bleeding is contained, start gauze applications, do not let go of the digital pressure until wound is fully packed, replace with direct pressure and hold for 5-1 minutes.
- Apply pressure dressing: Use figure of 8 for arm pits, across one side of the chest for necks, and use the belt for the inguinal area.

Improvised Chest Seal

- Always check for exit wounds.
- Use plastic from packaging as chest seal.
- Tape will be included on the kit.
- Square shape, tape 3 sides.
- A chest injury is a breathing problem, not a bleeding problem, learn to prioritize
- Place victim in position of comfort.

Revisit all tourniquets/packaging/chest seal

